

# What colour will it be in 2023?



**Oakley 20 26th March 2023 09:30**

## Entry list

**Last updated 11:00 12th March 2023**

| First Name | Last Name         | Gender | Race no. | Category      | Club                          |
|------------|-------------------|--------|----------|---------------|-------------------------------|
| Vicky      | Abraham           | F      | 193      | FV45          | Bushfield Joggers             |
| Steven     | Adams             | M      | 219      | MV65          | Wellingborough & District A C |
| John       | Adamson           | M      | 255      | MV45          |                               |
| Coralie    | Anderson          | F      | 455      | FV45          | Leighton Buzzard A C          |
| Debra      | Andrews           | F      | 85       | FV60          | Redway Runners                |
| David      | Argent            | M      | 178      | MV55          | Redway Runners                |
| Daniel     | Ashcroft          | M      | 140      | MV35          | Garden City Runners           |
| Justin     | Attelsey          | M      | 45       | MV40          | Saffron Striders              |
| Tonya      | Babb              | F      | 423      | FV50          | Edmonton R C                  |
| David      | Bailey            | M      | 252      | MV50          | Team Balancise RC             |
| Dave       | Bailey            | M      | 414      | MV50          | Redway Runners                |
| Paul       | Baird             | M      | 248      | MV50          | Riverside Runners             |
| Rebecca    | Baker             | F      | 38       | FV40          | Wootton R R                   |
| Steve      | Baker             | M      | 283      | MV45          |                               |
| Richard    | Barcock           | M      | 129      | MV55          | Kenilworth Runners            |
| Rebecca    | Barden            | F      | 500      | FV55          | Garden City Runners           |
| Lucy       | Barker            | F      | 304      | FV35          |                               |
| Rachel     | Barker            | F      | 410      | FV40          |                               |
| Matt       | Barker            | M      | 411      | MV40          |                               |
| Shannon    | Barton            | F      | 390      | Senior Ladies |                               |
| Doug       | Barton            | M      | 392      | MV50          | Diamond Runners               |
| Troi       | Baxter            | F      | 67       | Senior Ladies | Newmarket Joggers             |
| Rachael    | Bayliss           | F      | 303      | Senior Ladies |                               |
| Brett      | Bayliss           | M      | 351      | MV55          |                               |
| Tom        | Beach             | M      | 63       | MV35          | Royston Runners               |
| Dave       | Beech             | M      | 372      | MV65          | Steel City Striders           |
| Caroline   | Beechey           | F      | 57       | FV60          | Redway Runners                |
| Laura      | Beechey           | F      | 58       | FV35          | Redway Runners                |
| Robin      | Bennett-Freebairn | M      | 74       | MV50          |                               |
| Lorraine   | Bennie            | F      | 130      | FV35          | Bedford Harriers A C          |
| Lee        | Beresford         | M      | 232      | MV50          |                               |
| Nigel      | Berryman          | M      | 274      | MV50          | FERC                          |
| David      | Betts             | M      | 190      | MV40          | Leighton Fun Runners          |
| Leigh      | Betts             | F      | 424      | FV45          | Stopsley Striders             |
| Lindsey    | Bierton           | F      | 237      | FV35          |                               |
| Rob        | Bing              | M      | 381      | MV50          | Wellingborough & District A C |
| David      | Bird              | M      | 155      | MV50          | Lonely Goat Running Club      |
| Sarah      | Bird              | F      | 495      | FV50          | Redway Runners                |
| Louise     | Birkett-Swan      | F      | 228      | FV45          | Wootton R R                   |
| James      | Birnie            | M      | 52       | MV45          | Gade Valley Harriers          |
| Peter      | Blackaller        | M      | 491      | MV60          | St Albans Striders            |
| Mike       | Blackledge        | M      | 31       | MV50          | March A C                     |
| Lorna      | Blatcher          | F      | 48       | FV45          |                               |
| Allison    | Blunt             | F      | 35       | FV55          | North Herts R R               |

|          |            |   |     |               |                               |
|----------|------------|---|-----|---------------|-------------------------------|
| Martyn   | Boden      | M | 451 | MV35          |                               |
| Karen    | Bolam      | F | 33  | FV45          |                               |
| Heidi    | Bourton    | F | 322 | FV45          | Redway Runners                |
| Helen    | Bower      | F | 182 | FV40          | Abingdon Athletics            |
| Carol    | Bowett     | F | 448 | FV40          | Fenland R C                   |
| Robert   | Bowler     | M | 64  | MV60          | Gade Valley Harriers          |
| Claire   | Boylan     | F | 142 | FV50          | Bishops Stortford R C         |
| Tracey   | Brazier    | F | 60  | FV50          | Cambridge Tri Club            |
| David    | Brewer     | M | 213 | MV55          | Bedford Harriers A C          |
| Chris    | Brookman   | M | 160 | MV40          | Redway Runners                |
| Jeremy   | Broomfield | M | 75  | MV45          | Vegan Runners UK              |
| Libby    | Brown      | F | 483 | Senior Ladies | Cambridge & Coleridge         |
| Anna     | Bruce      | F | 15  | FV40          |                               |
| Andrew   | Bruce      | M | 71  | MV55          | Biggleswade A C               |
| Howard   | Bull       | M | 202 | MV35          | St Albans Striders            |
| Kerry    | Bullen     | F | 66  | FV50          |                               |
| Annette  | Burgess    | F | 375 | FV55          |                               |
| Theresa  | Burke      | F | 294 | FV65          | Bishops Stortford R C         |
| Olivia   | Burke      | F | 421 | FV45          |                               |
| Natalie  | Burns      | F | 490 | FV35          | LWAC                          |
| Matt     | Bushell    | M | 284 | MV45          |                               |
| Liam     | Butler     | M | 389 | MV35          | Royston Runners               |
| Kieran   | Butler     | M | 478 | MV35          |                               |
| Michelle | Byrne      | F | 108 | Senior Ladies |                               |
| Kelly    | Bywaters   | F | 7   | FV45          | Dunstable R R                 |
| Simon    | Callow     | M | 258 | MV50          | Wellingborough & District A C |
| Stewart  | Campbell   | M | 397 | MV55          | Lonely Goat Running Club      |
| Rachel   | Canning    | F | 383 | FV50          |                               |
| Heidi    | Carruthers | F | 324 | FV45          | Brackley & District R C       |
| Lisa     | Carter     | F | 41  | FV40          |                               |
| Jason    | Carter     | M | 242 | MV40          |                               |
| Luke     | Casey      | M | 151 | Senior Males  |                               |
| Phil     | Catcheside | M | 210 | MV45          | Olney Runners                 |
| Luke     | Chambers   | M | 293 | MV40          | Redway Runners                |
| Ana      | Chaplin    | F | 352 | FV40          | Redway Runners                |
| David    | Christian  | M | 88  | MV40          |                               |
| Nicola   | Church     | F | 296 | FV45          | Redway Runners                |
| Nigel    | Clark      | M | 371 | MV55          |                               |
| Anna     | Clarke     | F | 337 | FV45          |                               |
| Pags     | Claudianos | F | 241 | FV45          | Riverside Runners             |
| Matt     | Clements   | M | 177 | Senior Males  | Redway Runners                |
| Jonathan | Clements   | M | 251 | MV50          | Redway Runners                |
| Alan     | Colley     | M | 488 | MV70          | Bedford Harriers A C          |
| Ali      | Collinson  | F | 245 | FV45          |                               |
| Ivan     | Colombo    | M | 430 | MV50          | Buckingham & Stowe            |
| Jon      | Colwill    | M | 204 | MV50          |                               |
| Gareth   | Comyn      | M | 217 | MV45          |                               |
| Selina   | Conway     | F | 99  | FV35          | Diamond Runners               |
| Alex     | Cook       | M | 359 | Senior Males  |                               |
| Ray      | Cooke      | M | 467 | MV55          | Bedford Harriers A C          |
| Stephen  | Coomber    | M | 311 | MV40          | Marshall Milton Keynes A C    |
| Ali      | Cooper     | F | 221 | FV55          | Riverside Runners             |
| Angel    | Cooper     | F | 338 | Senior Ladies | Redway Runners                |
| P        | Cossey     | M | 343 | MV40          |                               |
| Alan     | Coulman    | M | 434 | MV45          | Wootton R R                   |
| Naomi    | Course     | F | 90  | FV40          | Ely Runners                   |
| Claire   | Court      | F | 314 | FV45          | Alchester R C                 |
| Paul     | Coury      | M | 292 | MV45          |                               |
| Andrew   | Cowdrill   | M | 187 | MV35          | Marshall Milton Keynes A C    |
| Hilary   | Cox        | F | 320 | FV50          |                               |
| Louise   | Crosby     | F | 98  | FV60          | Harpenden Arrows              |
| Tammy    | Cullen     | F | 261 | FV45          | Doncaster A C                 |

|           |              |   |     |               |                           |
|-----------|--------------|---|-----|---------------|---------------------------|
| Emma      | Cumersdale   | F | 123 | Senior Ladies | Redway Runners            |
| Timothy   | Cumersdale   | M | 124 | MV35          |                           |
| Neil      | Currant      | M | 212 | MV45          | Dunstable R R             |
| Elaine    | Danby        | F | 341 | FV60          |                           |
| Sam       | Daniells     | M | 1   | MV40          | Redway Runners            |
| James     | Darcy        | M | 328 | MV55          | Buckingham & Stowe        |
| Jon       | Daulton      | M | 56  | MV35          | BRJ Run & Tri             |
| Emily     | Davenall     | F | 62  | FV35          | Alchester R C             |
| Martin    | Davey        | M | 14  | MV60          | Amphill & Flitwick Flyers |
| George    | Davies       | M | 256 | MV45          | Olney Runners             |
| Richard   | Davies       | M | 327 | MV50          | AM Activ Race Team        |
| Caroline  | Davis        | F | 238 | FV50          | Grantham R C              |
| Charlotte | Davis        | F | 415 | Senior Ladies | Buckingham & Stowe        |
| Cerys     | Dawson       | F | 420 | Senior Ladies |                           |
| Martin    | Dean         | M | 96  | MV45          |                           |
| Ian       | Dellbridge   | M | 94  | MV50          |                           |
| Samantha  | Devereaux    | F | 269 | FV55          | Team Balancise RC         |
| Lorraine  | Devereux     | F | 95  | FV50          |                           |
| Louise    | Diaz         | F | 83  | FV55          |                           |
| Sarah     | Dorey        | F | 173 | FV45          | Wootton R R               |
| Craig     | Douglas      | M | 8   | MV45          |                           |
| Craig     | Dowie        | M | 223 | MV50          | St Albans Striders        |
| James     | Drury        | M | 34  | MV45          |                           |
| Joanne    | Duggan       | F | 367 | FV50          | Watford Joggers           |
| Jack      | Easthope     | M | 437 | MV35          |                           |
| Dominic   | Eaves        | M | 484 | MV45          |                           |
| Jim       | Edwards      | M | 299 | MV50          | Redway Runners            |
| Timothy   | Edwards      | M | 422 | Senior Males  |                           |
| Stephen   | Elkan        | M | 234 | MV55          |                           |
| John      | Elworthy     | M | 272 | MV45          | Bedford Harriers A C      |
| Joseph    | Emery        | M | 165 | Senior Males  | C-Squad                   |
| Chris     | Erridge      | M | 295 | MV40          | Redway Runners            |
| Claire    | Estick       | F | 125 | FV45          | Redway Runners            |
| Aaron     | Evans        | M | 363 | MV35          |                           |
| Abigail   | Fairbairn    | F | 122 | Senior Ladies | Horsforth Harriers        |
| Laura     | Fairbanks    | F | 249 | FV40          | North Herts R R           |
| Paula     | Faller       | F | 243 | FV40          | Biggleswade A C           |
| Hannah    | Farr         | F | 425 | Senior Ladies |                           |
| Claire    | Feneley-Keen | F | 197 | FV40          |                           |
| Rebecca   | Fensome      | F | 120 | Senior Ladies | Bedford Harriers A C      |
| Claire    | Few          | F | 20  | FV55          | BRJ Run & Tri             |
| Gary      | Fidler       | M | 281 | MV40          | Redway Runners            |
| Kelly     | Field        | F | 174 | FV40          |                           |
| Mark      | Finn         | M | 150 | MV45          | Bedford Harriers A C      |
| Yusuf     | Firat        | M | 121 | MV60          | Haverhill R C             |
| James     | Fisher       | M | 181 | Senior Males  | Long Eaton Running Club   |
| Rebecca   | Fleckney     | F | 287 | FV40          | Amphill & Flitwick Flyers |
| David     | Flin         | M | 191 | MV45          | Lonely Goat Running Club  |
| Alistair  | Flowers      | M | 167 | MV35          | Harpenden Arrows          |
| Susan     | Foot         | F | 279 | FV70          | North Herts R R           |
| Madeline  | Forrester    | F | 460 | FV55          | Olney Runners             |
| Matt      | Fraher       | M | 280 | MV35          |                           |
| David     | Fraser       | M | 192 | MV50          | Abingdon Athletics        |
| Lisa      | French       | F | 5   | FV45          |                           |
| Andy      | Gardner      | M | 313 | MV40          | Redway Runners            |
| Michelle  | Gardner      | F | 404 | FV50          | Haverhill R C             |
| Tim       | Giffen       | M | 310 | MV45          | Redway Runners            |
| Debbie    | Gilbert      | F | 136 | FV40          | Bicester Triathlon Club   |
| Tony      | Gilbert      | M | 244 | MV55          | Bourne Town Harriers      |
| Simon     | Gilby        | M | 198 | MV45          |                           |
| Stephanie | Giles        | F | 156 | Senior Ladies | Alchester R C             |
| Nick      | Giles        | M | 428 | MV45          |                           |

|          |                 |   |     |               |                               |
|----------|-----------------|---|-----|---------------|-------------------------------|
| Henry    | Godsal          | M | 354 | MV50          |                               |
| Annette  | Golawska        | F | 209 | FV40          | Daventry R R                  |
| Carl     | Golder          | M | 137 | MV45          | Eye Community Runners         |
| Hannah   | Golightly       | F | 499 | Senior Ladies | Vegan Runners UK              |
| Mike     | Gooch           | M | 366 | MV50          | Wellingborough & District A C |
| Becky    | Goodwin         | F | 203 | FV45          |                               |
| Matthew  | Goodwin         | M | 477 | MV35          |                               |
| Conor    | Goodwin-Tindall | M | 391 | Senior Males  |                               |
| Samantha | Grainger        | F | 329 | FV35          |                               |
| Shaun    | Grainger        | M | 330 | MV35          |                               |
| Erica    | Grayson         | F | 334 | FV50          |                               |
| David    | Green           | M | 97  | MV60          | Harpenden Arrows              |
| Alastair | Green           | M | 339 | MV55          | St Albans Striders            |
| Sally    | Green           | F | 344 | FV40          | Redway Runners                |
| Wayne    | Greet           | M | 301 | MV55          | Bishops Stortford R C         |
| Michael  | Grehan          | M | 103 | MV55          |                               |
| Kerry    | Guthrie         | F | 144 | FV45          | Wootton R R                   |
| Niki     | Hales           | M | 384 | MV45          | Team Balancise RC             |
| Steve    | Halford         | M | 148 | MV40          |                               |
| Sue      | Hamer           | F | 335 | FV50          | Fairlands Valley Spartans     |
| Amanda   | Harding         | F | 267 | Senior Ladies | Redway Runners                |
| Cass     | Hards           | F | 111 | FV40          |                               |
| Robert   | Hardwick        | M | 388 | MV40          | Ampthill & Flitwick Flyers    |
| Mervyn   | Harmon          | M | 118 | MV60          | Bedford Harriers A C          |
| Louise   | Harris          | F | 290 | FV50          | Redway Runners                |
| Michael  | Harrison        | M | 138 | MV40          | Wootton R R                   |
| Callum   | Harrison        | M | 486 | Senior Males  | Ampthill & Flitwick Flyers    |
| Jenna    | Harvey          | F | 127 | FV40          | Histon and Impington Runners  |
| Fleur    | Harvey Keenan   | F | 497 | FV50          | St Albans Striders            |
| Andrew   | Harwin          | M | 43  | Senior Males  | March A C                     |
| Tony     | Haynes          | M | 480 | MV35          |                               |
| Toby     | Heley           | M | 312 | MV50          | Silson Joggers A C            |
| Maurice  | Hemingway       | M | 395 | MV65          | Riverside Runners             |
| Zoe      | Hemsley         | F | 271 | FV45          | Wootton R R                   |
| Joshua   | Hendrickson     | M | 26  | Senior Males  |                               |
| Anne     | Henson          | F | 189 | FV65          | Garden City Runners           |
| Natalie  | Herbert         | F | 494 | FV50          | Cherwell Runners              |
| Chris    | Herman          | M | 476 | MV65          |                               |
| Karen    | Heslop          | F | 325 | FV45          | Brackley & District R C       |
| Andrew   | Hetherington    | M | 305 | MV60          | Tring R C                     |
| Russ     | Hewitt          | M | 214 | MV45          | Riverside Runners             |
| Richard  | Hill            | M | 89  | MV50          |                               |
| Stuart   | Hill            | M | 319 | MV55          | Stamford Striders             |
| Zoe      | Hinde           | F | 184 | FV40          |                               |
| Benjamin | Hing            | M | 485 | MV40          | Shefford Runners              |
| Martin   | Hirst           | M | 117 | MV50          |                               |
| Darren   | Hogg            | M | 226 | MV45          |                               |
| David    | Hollingsbee     | M | 175 | MV45          |                               |
| Paul     | Holmes          | M | 309 | MV40          | Silson Joggers A C            |
| Lorna    | Hooks           | F | 218 | FV45          |                               |
| Laura    | Horne           | F | 250 | FV45          | Redway Runners                |
| Catriona | Hoult           | F | 286 | FV45          | East London Runners           |
| Helen    | Howard          | F | 76  | FV45          | Saffron Striders              |
| Sarah    | Howell          | F | 199 | FV50          |                               |
| Ben      | Humphrey        | M | 402 | MV40          |                               |
| Peter    | Humphries       | M | 166 | MV50          |                               |
| Ian      | Hunter          | M | 157 | MV50          | Alchester R C                 |
| Laura    | Hunton          | F | 186 | FV40          | Ampthill & Flitwick Flyers    |
| Georgina | Igoe            | F | 102 | Senior Ladies |                               |
| Carmel   | Jarman          | F | 106 | FV50          | Dunstable R R                 |
| Lisa     | Jay             | F | 436 | FV35          |                               |
| Adam     | Johnson         | M | 128 | Senior Males  | Vale Of Aylesbury             |

|           |                  |   |     |               |                               |
|-----------|------------------|---|-----|---------------|-------------------------------|
| Andrew    | Johnson          | M | 215 | MV45          |                               |
| David     | Johnson          | M | 475 | MV45          | Riverside Runners             |
| Jady      | Jones            | F | 3   | FV45          | Redway Runners                |
| Kirsty    | Jones            | F | 54  | FV40          | Bedford Harriers A C          |
| Oliver    | Jones            | M | 55  | MV45          | Bedford Harriers A C          |
| Noel      | Jones            | M | 220 | MV55          | Bedford Harriers A C          |
| Terri     | Jones            | F | 336 | FV60          | Redway Runners                |
| Gemma     | Kaiser           | F | 368 | Senior Ladies |                               |
| Sarah     | Kaye             | F | 387 | FV40          | Buckingham & Stowe            |
| Zoe       | Kemp             | F | 230 | FV45          | Human Energy A C              |
| Jon       | Kemp             | M | 348 | MV50          | Wellingborough & District A C |
| John      | Kemp             | M | 385 | MV50          |                               |
| Michael   | Kendall          | M | 145 | MV65          | Wootton R R                   |
| Ruth      | Kent             | F | 426 | FV40          | St Albans Striders            |
| Victoria  | Kilroy           | F | 115 | FV45          |                               |
| Ross      | Kilroy           | M | 116 | MV45          |                               |
| Liz       | King             | F | 104 | FV45          |                               |
| Victoria  | Kirschner-Heaven | F | 370 | FV40          |                               |
| Simon     | Kirschner-Heaven | M | 450 | MV40          |                               |
| Peter     | Kirwin           | M | 315 | MV50          | Eye Community Runners         |
| Adam      | Knaggs           | M | 32  | MV45          |                               |
| Gail      | Laidler          | F | 429 | FV50          | Buckingham & Stowe            |
| Nicky     | Laitner          | F | 496 | FV50          | St Albans Striders            |
| Jason     | Langridge        | M | 231 | MV50          |                               |
| Kerry     | Large            | F | 134 | FV35          | Ampthill & Flitwick Flyers    |
| Daniel    | Lawrence         | M | 373 | MV50          | Kenilworth Runners            |
| Alice     | Leadbeter        | F | 69  | FV45          |                               |
| James     | Leadbeter        | M | 70  | Senior Males  |                               |
| Robert    | Lee              | M | 288 | MV40          | Dunstable R R                 |
| Johanna   | Lee              | F | 289 | FV40          | Dunstable R R                 |
| Kevin     | Lewis            | M | 333 | MV55          |                               |
| Paul      | Lewis            | M | 432 | MV40          |                               |
| Rebekah   | Liddle           | F | 376 | FV45          |                               |
| Chris     | Ling             | M | 360 | MV40          | Olney Runners                 |
| Natalie   | Liversidge       | F | 169 | Senior Ladies |                               |
| Mark      | Lloyd            | M | 462 | MV45          |                               |
| Dave      | Lock             | M | 379 | MV50          |                               |
| Gail      | Lock             | F | 380 | FV45          | M K Lakeside Runners          |
| Tim       | Long             | M | 162 | MV55          |                               |
| Karen     | Lower            | F | 268 | FV50          | Northampton R R               |
| Richard   | Lowes            | M | 471 | MV45          |                               |
| Rebecca   | Lutterodt        | F | 407 | Senior Ladies |                               |
| Evelyn    | Lutterodt        | F | 408 | FV50          | Stopsley Striders             |
| Kenneth   | M Day            | M | 316 | MV40          |                               |
| Paul      | MacKay           | M | 458 | MV35          | Corby A C                     |
| Paul      | MacLoskey        | M | 84  | MV55          |                               |
| Rebecca   | Maddock          | F | 444 | FV35          |                               |
| Graham    | Magill           | M | 208 | MV35          |                               |
| Joanna    | Makowska         | F | 205 | FV40          |                               |
| Jane      | Malone           | F | 163 | FV45          | Bishops Stortford R C         |
| Ravinder  | Mamon            | F | 50  | FV35          | Bedford Harriers A C          |
| Stuart    | Mann             | M | 470 | MV70          | Herts Phoenix A C             |
| Julie     | Markley          | F | 91  | FV40          |                               |
| Catherine | Marriott         | F | 300 | FV65          | Biggleswade A C               |
| Warren    | Marsh            | M | 61  | MV65          | Wellingborough & District A C |
| David     | Martin           | M | 206 | MV50          | Saffron Striders              |
| Julie     | Martin           | F | 443 | FV50          | Redway Runners                |
| Deborah   | May              | F | 321 | FV40          | Redway Runners                |
| Charlie   | May              | M | 464 | MV35          | Vale Of Aylesbury             |
| Boris     | Mayger           | M | 277 | MV55          |                               |
| Brian     | McCrossan        | M | 246 | MV40          | Team Balancise RC             |
| Elizabeth | McGill           | F | 183 | FV45          |                               |

|            |               |   |     |               |                                     |
|------------|---------------|---|-----|---------------|-------------------------------------|
| Rose       | McGinness     | F | 149 | FV55          | St Albans Striders                  |
| Karen      | McKeever      | F | 297 | FV50          |                                     |
| Fiona      | McKinnie      | F | 114 | FV40          |                                     |
| Kyle       | McSwiggan     | M | 452 | Senior Males  |                                     |
| Ben        | Meadows       | M | 262 | MV45          | Cambridge & Coleridge               |
| Kevin      | Mellor        | M | 302 | MV65          |                                     |
| Nicola     | Mellor        | F | 479 | Senior Ladies | Leighton Buzzard A C                |
| Elizabeth  | Merricks      | F | 431 | FV40          |                                     |
| Sarah      | Mielnik       | F | 417 | FV35          | Bedford Harriers A C                |
| Kat        | Miles         | F | 68  | FV35          | Riverside Runners                   |
| Susan      | Millward      | F | 447 | FV45          | Herts Phoenix A C                   |
| Ruth       | Mitchell      | F | 441 | Senior Ladies | Leighton Buzzard A C                |
| Sharon     | Mitchell-Hall | F | 159 | FV50          |                                     |
| Jacqueline | Moore         | F | 216 | FV35          | Redway Runners                      |
| Richard    | Moore         | M | 456 | MV40          | Dunstable Lions Running Club (Beds) |
| Emma       | Moore         | F | 489 | FV40          | Wellingborough & District A C       |
| Robert     | Morgan        | M | 133 | MV45          | Biggleswade A C                     |
| Trevor     | Morgan        | M | 416 | MV50          |                                     |
| Jacqui     | Morland       | F | 188 | FV45          | Amphill & Flitwick Flyers           |
| Anna       | Morley        | F | 143 | FV50          |                                     |
| Oliver     | Mortimer      | M | 355 | Senior Males  |                                     |
| Ian        | Mortimer      | M | 356 | MV60          | Desborough & Rothwell Running Club  |
| George     | Mothersole    | M | 439 | Senior Males  |                                     |
| Jason      | Mottram       | M | 46  | MV50          | March A C                           |
| Matt       | Musselle      | M | 298 | MV40          |                                     |
| Alan       | Mutch         | M | 264 | MV60          | Desborough & Rothwell Running Club  |
| Sophie     | Mynott        | F | 93  | FV35          | Ely Runners                         |
| Bozena     | Myslinska     | F | 225 | FV40          |                                     |
| Holly      | Nairn         | F | 472 | FV35          | Harlow R C                          |
| Jon        | Narbett       | M | 224 | MV50          | Bedford Harriers A C                |
| Mark       | Nazir         | M | 405 | MV35          |                                     |
| Sian       | Nazir         | F | 406 | FV40          |                                     |
| Martin     | Newton        | M | 317 | MV45          | Wellingborough & District A C       |
| Natasha    | Newton        | F | 318 | FV50          | Wellingborough & District A C       |
| Richard    | Nice          | M | 487 | MV50          | Edmonton R C                        |
| Gavin      | Nicholson     | M | 158 | MV40          | Amphill & Flitwick Flyers           |
| Paula      | Nicol         | F | 22  | FV40          |                                     |
| Alice      | Noakes        | F | 11  | Senior Ladies | North Herts R R                     |
| Melody     | Ntambalika    | F | 453 | FV45          | Dunstable R R                       |
| Therese    | O Riordan     | F | 10  | FV45          | Olney Runners                       |
| Lucilla    | O'Brien       | F | 161 | FV45          | Dunstable R R                       |
| Maurice    | O'Connell     | M | 53  | MV70          | Redway Runners                      |
| Lucy       | O'Connor      | F | 233 | FV60          | North Herts R R                     |
| George     | O'Dell        | M | 454 | Senior Males  |                                     |
| Jonathan   | Ollington     | M | 265 | MV55          | Newmarket Joggers                   |
| Shannon    | Osullivan     | F | 342 | Senior Ladies |                                     |
| Sarah      | Pake          | F | 168 | FV45          |                                     |
| Tony       | Parello       | M | 101 | MV60          | Bedford Harriers A C                |
| Miranda    | Parry         | F | 492 | FV50          |                                     |
| Ken        | Parsons       | M | 47  | MV55          | Bedford Harriers A C                |
| Nikunj     | Patel         | M | 9   | MV55          |                                     |
| Karen      | Patterson     | F | 82  | FV50          | March A C                           |
| Debbie     | Penn          | F | 412 | FV45          | Redway Runners                      |
| Gary       | Penolver      | M | 403 | MV40          |                                     |
| Lizzie     | Phipps        | F | 393 | Senior Ladies | Silson Joggers A C                  |
| Tom        | Pinney        | M | 350 | Senior Males  | Shefford Runners                    |
| James      | Plowman       | M | 65  | MV45          |                                     |
| Andrew     | Plowman       | M | 72  | MV45          |                                     |
| Gill       | Plowman       | F | 73  | FV50          |                                     |
| Leigh      | Pointon       | M | 399 | MV40          |                                     |
| Richard    | Popiel        | M | 378 | MV60          | Silson Joggers A C                  |
| Rachel     | Porter        | F | 263 | FV45          | Cambridge & Coleridge               |

|           |                   |   |     |               |                                     |
|-----------|-------------------|---|-----|---------------|-------------------------------------|
| Emily     | Prejac            | F | 358 | FV35          | Dunstable Lions Running Club (Beds) |
| Laura     | Prime             | F | 306 | FV45          | Harlow R C                          |
| Malcolm   | Pritchard         | M | 285 | MV50          | Riverside Runners                   |
| Richard   | Pye               | M | 445 | MV50          | Human Energy A C                    |
| Susannah  | Quinn             | F | 459 | FV35          | Redway Runners                      |
| Jonathan  | Quint             | M | 482 | MV45          | City Of Norwich A C                 |
| Lee       | Radley            | M | 100 | MV50          | Riverside Runners                   |
| Jason     | Rainbow           | M | 2   | MV50          |                                     |
| Victoria  | Reavey            | F | 275 | FV35          | Team Balancise RC                   |
| Matthew   | Reed              | M | 172 | MV45          | Wootton R R                         |
| Dean      | Reilly            | M | 386 | MV35          | Royston Runners                     |
| Luise     | Renwick           | F | 260 | FV50          |                                     |
| Emma      | Richmond          | F | 49  | Senior Ladies | Eye Community Runners               |
| Marcus    | Ridley            | M | 353 | Senior Males  | Fairlands Valley Spartans           |
| Andrew    | Roach             | M | 377 | MV50          | Spa Striders                        |
| Gemma     | Roberts           | F | 80  | FV45          | Bushfield Joggers                   |
| Faye      | Robertson         | F | 369 | Senior Ladies |                                     |
| Clare     | Robinson          | F | 126 | FV40          | Histon and Impington Runners        |
| Ian       | Robinson          | M | 449 | MV60          | Barrow Runners                      |
| Jacquetta | Rodgers           | F | 257 | FV50          |                                     |
| David     | Rose              | M | 112 | MV60          | Redway Runners                      |
| Jonathan  | Ross              | M | 236 | MV60          |                                     |
| Joanna    | Rossini           | F | 326 | FV40          | Redway Runners                      |
| Colin     | Rothwell          | M | 27  | MV65          |                                     |
| Lynda     | Rowse             | F | 105 | FV55          | Diamond Runners                     |
| Hannah    | Roy               | F | 465 | FV35          | Stopsley Striders                   |
| Sanjay    | Roy               | M | 466 | MV35          | Stopsley Striders                   |
| Alex      | Royden            | F | 86  | Senior Ladies | Pensby Runners                      |
| Nikki     | Rudd              | F | 18  | FV50          |                                     |
| Kate      | Ruddock           | F | 19  | FV50          | BRJ Run & Tri                       |
| Linsey    | Ryall             | F | 201 | FV40          | Marshall Milton Keynes A C          |
| Ben       | Rymer             | M | 362 | Senior Males  |                                     |
| Nick      | Sambridge         | M | 153 | MV50          |                                     |
| Doreen    | Sams              | F | 266 | FV60          |                                     |
| Jennifer  | Sangster          | F | 17  | FV45          | Redway Runners                      |
| Steph     | Scott             | F | 194 | FV35          |                                     |
| Jayne     | Seaman            | F | 259 | FV50          |                                     |
| Martin    | Sewell            | M | 270 | MV50          | Cambridge & Coleridge               |
| Pullin    | Shah              | M | 6   | MV45          |                                     |
| Dominic   | Sharland          | M | 273 | MV40          |                                     |
| Becky     | Sharpe            | F | 92  | FV35          | Dunstable R R                       |
| Mark      | Sheldon           | M | 23  | MV45          | Ramsey R R                          |
| Ellie     | Sherriffs         | F | 282 | FV35          | Bedford Harriers A C                |
| John      | Shields           | M | 254 | MV45          |                                     |
| Sheryne   | Shillingford-Reed | F | 427 | FV40          | Buckingham & Stowe                  |
| Simon     | Short             | M | 401 | MV50          |                                     |
| Horace    | Shuriah           | M | 229 | MV50          | Haverhill R C                       |
| Anna      | Silkstone         | F | 419 | FV40          | St Albans Striders                  |
| Mark      | Simmons           | M | 24  | MV50          |                                     |
| Stuart    | Simmons           | M | 36  | MV45          |                                     |
| Sam       | Simmons           | M | 340 | Senior Males  |                                     |
| Veronica  | Singleton-Lawley  | F | 107 | FV60          | Bedford Harriers A C                |
| Mrunal    | Sisodia           | M | 139 | MV50          |                                     |
| Siobhan   | Sithole           | F | 468 | Senior Ladies |                                     |
| Maggie    | Skinner           | F | 21  | FV40          | Peterborough & Nene Valley AC       |
| Paul      | Smailes           | M | 374 | MV45          |                                     |
| Paul      | Smart             | M | 463 | MV65          | Human Energy A C                    |
| Martin    | Smith             | M | 78  | MV45          | Stopsley Striders                   |
| Larry     | Smith             | M | 79  | MV35          |                                     |
| Paul      | Smith             | M | 278 | MV55          | Stevenage Phoenix Running Club      |
| Ian       | Smith             | M | 364 | MV50          |                                     |
| Amber     | Snell             | F | 4   | FV45          |                                     |

|             |                     |   |     |               |                               |
|-------------|---------------------|---|-----|---------------|-------------------------------|
| Alex        | Snelling-Day        | F | 276 | FV35          |                               |
| Suzie       | Snelson             | F | 442 | FV55          | Buckingham & Stowe            |
| Andrew      | Spilling-Donnalioia | M | 12  | MV40          |                               |
| Hannah      | St Leger-Harris     | F | 308 | FV35          | Silson Joggers A C            |
| Jennifer    | St Quintin          | F | 87  | FV45          |                               |
| Angela      | Stango              | F | 29  | FV40          | Bedford Harriers A C          |
| Christopher | Stapleton           | M | 433 | MV70          | Bushfield Joggers             |
| Laura       | Starkey             | F | 461 | FV35          |                               |
| Emma        | Stevens             | F | 180 | Senior Ladies | Dunstable R R                 |
| Simon       | Storer              | M | 323 | MV50          | Silson Joggers A C            |
| Barry       | Stratford           | M | 13  | MV40          | Amphill & Flitwick Flyers     |
| Mary        | Stringer            | F | 307 | FV65          |                               |
| Mark        | Studdart            | M | 457 | MV55          | Watford Joggers               |
| Claire      | Styles              | F | 469 | FV45          |                               |
| Julia       | Sudbury             | F | 59  | FV40          |                               |
| Timothy     | Swan-Smith          | M | 154 | MV45          |                               |
| Shelley     | Swift               | F | 42  | FV45          |                               |
| Jane        | Swinburne           | F | 135 | FV50          | Amphill & Flitwick Flyers     |
| Alice       | Synge               | F | 176 | FV45          | BRJ Run & Tri                 |
| Sam         | Tait                | M | 51  | Senior Males  |                               |
| Tony        | Tarrant             | M | 171 | MV50          |                               |
| Graham      | Tee                 | M | 240 | MV60          | Wootton R R                   |
| Sunil       | Teeluck             | M | 113 | MV40          |                               |
| Louise      | Tesloff             | F | 81  | FV55          | Bushfield Joggers             |
| Kate        | Tettmar             | F | 446 | FV50          | St Albans Striders            |
| Paul        | Thomas              | M | 25  | MV70          | Leighton Fun Runners          |
| Claire      | Thomas              | F | 222 | FV40          | Dunstable R R                 |
| Clare       | Thomas              | F | 435 | FV45          |                               |
| Sharon      | Threlfall           | F | 131 | FV45          | Ware Joggers                  |
| Karen       | Tincknell           | F | 207 | FV45          | Marshall Milton Keynes A C    |
| Melanie     | Tindale             | F | 291 | FV45          | Eye Community Runners         |
| Sebastiano  | Tognacci            | M | 119 | MV45          | Shenley Striders              |
| Sol         | Tovey               | M | 473 | Senior Males  |                               |
| Martin      | Trinder             | M | 413 | MV45          |                               |
| Phillip     | Tubbs               | M | 109 | MV65          | Dunstable R R                 |
| Gareth      | Tucker              | M | 40  | MV45          | Gade Valley Harriers          |
| Abigail     | Turner              | F | 16  | FV50          | Bedford Harriers A C          |
| Neal        | Turney              | M | 152 | MV50          |                               |
| Rachel      | Turvey              | F | 164 | FV45          | Bishops Stortford R C         |
| Steven      | Upton               | M | 365 | MV45          | Amphill & Flitwick Flyers     |
| Erica       | Van Bree            | F | 141 | FV50          | Wootton R R                   |
| Ryan        | Vincent-James       | M | 132 | MV35          |                               |
| Martin      | Walker              | M | 345 | MV65          | Leighton Fun Runners          |
| Mandy       | Walker              | F | 438 | FV55          | Bushfield Joggers             |
| Howard      | Waller              | M | 357 | MV55          | Fetch Everyone                |
| Jason       | Ward                | M | 170 | MV50          | Dunstable R R                 |
| Jessica     | Ward                | F | 346 | FV35          |                               |
| Jamie       | Ward                | M | 347 | Senior Males  |                               |
| Aaron       | Ward                | M | 349 | MV50          | Wellingborough & District A C |
| Paul        | Warden              | M | 418 | MV60          |                               |
| Andrew      | Wasdell             | M | 398 | MV45          | Marshall Milton Keynes A C    |
| Andrew      | Watson              | M | 239 | MV40          |                               |
| Clare       | Webb                | F | 394 | FV45          |                               |
| Richard     | Weber               | M | 247 | MV55          | North Herts R R               |
| Tony        | Welsh               | M | 37  | MV40          | Redway Runners                |
| Simon       | Weston              | M | 179 | MV40          |                               |
| Justin      | Wetters             | M | 211 | MV55          | Buckingham & Stowe            |
| Geoff       | Wheeldon            | M | 253 | MV40          |                               |
| Michael     | Whelan              | M | 361 | MV50          |                               |
| Neil        | Whitaker            | M | 28  | MV40          | BRJ Run & Tri                 |
| Jonathan    | White               | M | 146 | MV45          | Alchester R C                 |
| Liam        | White               | M | 481 | Senior Males  | Histon and Impington Runners  |



|           |             |   |     |               |                            |
|-----------|-------------|---|-----|---------------|----------------------------|
| Anita     | White       | F | 493 | FV50          | Harpenden Arrows           |
| Ian       | Wild        | M | 331 | MV40          | Wootton R R                |
| Jay       | Willett     | M | 185 | Senior Males  |                            |
| Kevin     | Willett     | M | 396 | MV55          | Bedford Harriers A C       |
| Graham    | Williams    | M | 39  | MV40          |                            |
| Clare     | Willis      | F | 200 | FV40          |                            |
| Lucy      | Wilson-Shaw | F | 195 | FV45          | London Frontrunners        |
| Gail      | Winter      | F | 409 | FV50          | Watford Joggers            |
| Jonathan  | Wintle      | M | 227 | MV45          |                            |
| Naomi     | Winton      | F | 332 | FV35          |                            |
| Robert    | Woods       | M | 77  | MV55          | Olney Runners              |
| Stephen   | Woodus      | M | 498 | MV50          | Vegan Runners UK           |
| Andrew    | Wool        | M | 44  | MV50          | March A C                  |
| Daisy     | Wooller     | F | 196 | Senior Ladies | Mornington Chasers         |
| Sam       | Wright      | F | 382 | FV35          |                            |
| Kimberley | Yardley     | F | 235 | FV35          | Ampthill & Flitwick Flyers |
| Richard   | Yeeles      | M | 110 | MV50          |                            |
| Tania     | Yelland     | F | 30  | FV40          | Redwell Runners            |
| Roy       | Young       | M | 400 | MV65          | Eye Community Runners      |
| Emily     | Young       | F | 440 | Senior Ladies | Highgate Harriers          |
| Ivan      | Zaykov      | M | 474 | MV50          |                            |
| Peijie    | Zhu         | F | 147 | FV45          | Bishops Stortford R C      |